



PORTUGUESE for Foreigners



Free
Classes:

PORTUGUESE
as a Non-Native Language



Level:
beginner



Start date:

12 Oct 2026
1 hour per week



Schedule:

Mon or Fri
5pm to 6pm



For more information:

message 912 554 545 or geral@distribuirsorrisos.pt
with the subject "Português para estrangeiros"



Address:

**Paróquia da Senhora da Conceição - Praça Marquês de Pombal, 177
4000-391 Porto**

The profit from the Ageing in Place – Active Seniors Academy 2026/2027 will support rent for families in need.



DETACH HERE

Name: _____

Age: _____

Nationality: _____

Gender: ☐ Female ☐ Male

Phone number: _____

Area of residence: _____

Preferred schedule: ☐ Monday ☐ Friday